

Medicated Assisted Treatment (MAT) for Substance Use/Abuse Patient Attendance Agreement

When you are admitted to the MAT program at Waterstone Addiction & Recovery, you are required to attend WEEKLY therapy/group sessions in conjunction with weekly medical management. These therapy sessions may be completed outside of our agency. If you are seeing an outside therapist, we require a Release of Information be on file with their full contact information to foster coordination of care and ensure the weekly therapy requirement is being met.

Should you choose therapy with our agency then the following is expected:

- Patients are established on a weekly therapy and medical management schedule so that they can work their personal schedules around these appointment times.
- We recommend you do not schedule other appointments or work during the time slot you will be at our agency.
- We expect that you will be able to attend your appointments as required by procuring transportation to and from the agency.

To participate in the program, appointment cancellations must be called in to our office at least 24-hours prior to time of appointment and must have valid reason for cancellation. All cancelled appointments must be made up within the week of cancellation if possible. We offer telehealth to reduce barriers to treatment including Covid-19 restrictions, sudden transportation issues, or sudden work or school schedule changes.

CALL 203-245-0412 to report an absence

Excused Absence Reasons:

- Hospitalization (provide documentation)
- Death in family
- Illness not treatable by Waterstone physician at time of med management
- Covid-19 Quarantine (provide documentation)
- Court Dates/Legal Appts (provide documentation)

Unexcused Absence Reasons:

- Transportation issue
- Work Conflict
- Appointments at other locations
- Childcare
- Overslept
- Forgot

*** Please note, we review cancellation reasons to help us determine a client's motivation and commitment to the program. Unexcused absences will be addressed by your treatment team to determine if the program can continue to meet your needs.*

ABSENCE (Excused or Unexcused) POLICY TERMS

- Patients are allowed 2 (two) absences during a 90-day period regardless of type of appointment.
- If a patient cancels a scheduled appointment a 3rd time during a 90-day period, the patient's treatment will be reviewed for excessive missed appointments. This could result in a probationary period to monitor your standing in the program.
- Any missed appointments during probation can result in discharge from program.

Any absences not reported prior to scheduled session are considered **NO-SHOWS, REGARDLESS OF REASON.**

- 1st No-Show = Warning Letter
- 2nd No-Show = 45-day probation
- 3rd No-Show = Possible discharge from program with inability to return to program for 6 months.
- Absences called in during probationary could result in termination from services.

Waterstone Addiction & Recovery believes in person-centered services and as such all the above are considered guidelines and the staff reserve the right to modify these policies based on factors including length of time in treatment, clinical issues such as relapse and mental health symptoms, history of meeting other program requirements and overall clinical progress.

By signing this document, the patient agrees to adhere to the MAT attendance policy guidelines while in treatment with Waterstone Addiction & Recovery.

Patient Signature: _____ Date: _____

Printed Name: _____